

Lap Lane Availability

Competition Pool (50m) - Week Starting 20/01/2025

Time	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
6am – 7am	7 x 50m	7 x 50m	7 x 50m	7 x 50m	7 x 50m	CLOSED	CLOSED
7am – 8am	7 x 50m	7 x 50m	7 x 50m	7 x 50m	7 x 50m	CLOSED	CLOSED
8am – 9am	6 x 50m	6 x 50m	6 x 50m	6 x 50m	6 x 50m	7 x 50m	7 x 50m
9am – 10am	4 x 50m	4 x 50m	4 x 50m	4 x 50m	4 x 50m	5 x 50m	5 x 50m
10am – 11am	2 x 50m	4 x 50m	2 x 50m	4 x 50m	4 x 50m	5 x 50m	5 x 50m
11am – 12pm	2 x 50m	4 x 50m	2 x 50m	4 x 50m	4 x 50m	5 x 50m	5 x 50m
12pm – 1pm	3 x 50m	5 x 50m	3 x 50m	5 x 50m	5 x 50m	5 x 50m	5 x 50m
1pm – 2pm	3 x 50m	5 x 50m	3 x 50m	5 x 50m	5 x 50m	5 x 50m	5 x 50m
2pm – 3pm	5 x 50m	5 x 50m	5 x 50m	5 x 50m	5 x 50m	5 x 50m	5 x 50m
3pm – 4pm	5 x 50m	5 x 50m	5 x 50m	5 x 50m	5 x 50m	5 x 50m	5 x 50m
4pm – 5pm	5 x 50m	5 x 50m	5 x 50m	5 x 50m	5 x 50m	5 x 50m	5 x 50m
5pm – 6pm	7 x 50m	7 x 50m	7 x 50m	7 x 50m	7 x 50m	7 x 50m	7 x 50m
6pm – 7pm	7 x 50m	7 x 50m	7 x 50m	7 x 50m	7 x 50m	7 x 50m	7 x 50m

***Two lanes for Recreational Swimming will be allocated in the 50m Pool over our Holiday Period. This will be between the above hours. Outside of these allocated hours, lap swimming will only be allowed in the 50m Pool.**

Lap Lane Etiquette

To ensure your lap swimming session is a rewarding one, please refer to our website for the lap lane guide. This will ensure all centre users can experience the best possible visit.

